



KENTUCKY **DIABETES** NETWORK, INC.

## GUIDE TO DIABETES EDUCATIONAL MATERIALS

Free or Low Cost Literature Available

January, 2006

| Topic         | Title   | Format                          | Source                 | Phone #/Web Site Address   | English | Spanish | Other |
|---------------|---|---------------------------------|------------------------|--|---------|---------|-------|
| A1C           | A1C   | Brochure                        | Bayer                  | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       | X       |       |
| A1C           | Blood Glucose Monitoring and Diabetes                                   | Tear pad, Brochure              | Home Diagnostics, Inc. | <a href="http://www.hdidabetes.com/diabetes-1b.asp">http://www.hdidabetes.com/diabetes-1b.asp</a>                                    | X       |         |       |
| A1C           | If You Have Diabetes, Know Your Blood Sugar Numbers                     | Booklet                         | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| A1C           | Monitoring Your Hemoglobin A1C  | Tip Sheet                       | Roche                  | 800-428-5074 for area sales rep  |         |         |       |
| Children      | Dealing With the Ups and Downs of Diabetes                              | Tip Sheet                       | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Children      | Helping the Student with Diabetes Succeed: A Guide for School Personnel | School Guide                    | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Children      | Kids with Type 2 - Be Active  | Tip Sheet                       | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Children      | Kids with Type 2 - Eat Healthy Foods                                    | Tip Sheet                       | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Children      | Kids with Type 2 - Stay At A Healthy Weight                             | Tip Sheet                       | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Children      | Kids with Type 2 - What Is Diabetes?                                    | Tip Sheet                       | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Children      | Lower Your Risk for type 2 Diabetes                                     | Tip Sheet                       | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Children      | Type 2 Diabetes in Children   | Posters                         | ADA                    | <a href="http://www.diabetes.org">http://www.diabetes.org</a>  | X       | X       |       |
| Complications | Avoiding Diabetes Complications   | Booklet                         | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       | X       |       |
| Complications | Be Smart About Your Heart   | Brochure                        | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Complications | Controlling Your Cholesterol  | Tip Sheet                       | Roche                  | 800-428-5074 for area sales rep  |         |         |       |
| Complications | Controlling Your Hypertension   | Tip Sheet                       | Roche                  | 800-428-5074 for area sales rep  |         |         |       |
| Complications | Diabetes Control & Complications Trial                                  | Tip Sheet                       | Roche                  | 800-428-5074 for area sales rep  | X       |         |       |
| Complications | Heart Disease   | Brochure                        | Bayer                  | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       | X       |       |
| Complications | If You Have Diabetes Mellitus, Take Care of Your Heart                  | Brochure, Flip Chart, Tip Sheet | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| Complications | Preventing Coronary Heart Disease                                       | Tip Sheet                       | Roche                  | 800-428-5074 for area sales rep  |         |         |       |
| Complications | Preventing Cardiovascular Disease                                       | Tip Sheet                       | Roche                  | 800-428-5074 for area sales rep  |         |         |       |

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|-----------------------|--|--------------------|------------------------|--|---------|---------|-------|
| <b>Complications</b>  | Preventing Eye Disease                             | Tip Sheet          | Roche                  | 800-428-5074 for area sales rep  |         |         |       |
| <b>Complications</b>  | Take Care of Your Heart. Manage Your Diabetes      | Flyer              | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         | X     |
| <b>Complications</b>  | Understanding Eye & Kidney Complications           | Paper              | Lilly/Takeda           | 1-888-649-9706   | X       |         |       |
| <b>Complications</b>  | What You Should Know About Heart Damage            | Paper              | Lilly/Takeda           | 1-888-649-9706   | X       |         |       |
| <b>Complications</b>  | What You Should Know About Nerve Disease           | Paper              | Lilly/Takeda           | 1-888-649-9706   | X       |         |       |
|                       |  |                    |                        |  |         |         |       |
| <b>Diet/Nutrition</b> | 2001 Food/Pharmacy Tour Participant Guide          | Brochure           | Bayer                  | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> |         |         |       |
| <b>Diet/Nutrition</b> | Be Average "Meals & Monitoring"                    | Brochure           | LifeScan               | <a href="http://www.lifescan.com">www.lifescan.com</a>   | X       | X       |       |
| <b>Diet/Nutrition</b> | Bilingual Cookbook                                 | Brochure           | Sanofi-Aventis         | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       | X       |       |
| <b>Diet/Nutrition</b> | Carbohydrate Counting & Exchange Lists             | Booklet            | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       |         |       |
| <b>Diet/Nutrition</b> | Controlling Blood Sugar by Counting Carbohydrate   | Paper              | Lilly/Takeda           | 1-888-649-9706   | X       |         |       |
| <b>Diet/Nutrition</b> | Daily Meal Planning Guide                          | Fold out           | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| <b>Diet/Nutrition</b> | Dining Out Made Simple                             | Brochure           | BD                     | 1-888-367-9539   |         |         |       |
| <b>Diet/Nutrition</b> | Fast Food Guide                                    | Brochure           | BD                     | 1-888-367-9539   |         |         |       |
| <b>Diet/Nutrition</b> | First Steps For a Healthy Diet in Type 2 Diabetes  | Paper              | Lilly/Takeda           | 1-888-649-9706   |         |         |       |
| <b>Diet/Nutrition</b> | Game Plan - Fat and Calorie Counter                | Booklet            | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| <b>Diet/Nutrition</b> | Game Plan - Food and Activity Tracker              | Tracker            | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
|                       |  |                    |                        |  |         |         |       |
| <b>Diet/Nutrition</b> | Healthy Eating and Diabetes                        | Brochure, Tear pad | Home Diagnostics, Inc. | <a href="http://www.hdidabetes.com/diabetes-1b.asp">http://www.hdidabetes.com/diabetes-1b.asp</a>                                    | X       |         |       |
| <b>Diet/Nutrition</b> | Healthy Eating with Diabetes                       | Booklet            | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       |         |       |
| <b>Diet/Nutrition</b> | Losing Weight & Keeping it Off                     | Paper              | Lilly/Takeda           | 1-888-649-9706   | X       |         |       |
| <b>Diet/Nutrition</b> | Meal Planning                                      | Tip Sheet          | Roche                  | 800-428-5074 for area sales rep  | X       |         |       |
| <b>Diet/Nutrition</b> | Nutrition in the Fast Lane                         | Booklet            | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| <b>Diet/Nutrition</b> | Recipe & Meal Planner Guide                        | Booklet            | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
|                       |  |                    |                        |  |         |         |       |
| <b>Diet/Nutrition</b> | Taking Control: Diabetes Patients Meal Planner     | Brochure           | Sanofi-Aventis         | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       |         |       |
|                       |  |                    |                        |  |         |         |       |
| <b>Exercise</b>       | Be Average "Exercise & Monitoring"                 | Brochure           | LifeScan               | <a href="http://www.lifescan.com">www.lifescan.com</a>   |         |         |       |
| <b>Exercise</b>       | Exercise & Its Benefits                            | Brochure           | BD                     | 1-888-367-9539   | X       |         |       |
| <b>Exercise</b>       | Introduction to Exercise                           | Booklet            | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       | X       |       |
| <b>Exercise</b>       | Movimiento Por Su Vida                             | Musical CD         | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   |         | X       |       |
|                       |  |                    |                        |  |         |         |       |
| <b>Exercise</b>       | Physical Activity and Diabetes                     | Brochure, Tearpad  | Home Diagnostics, Inc. | <a href="http://www.hdidabetes.com/diabetes-1b.asp">http://www.hdidabetes.com/diabetes-1b.asp</a>                                    | X       |         |       |
| <b>Exercise</b>       | Putting Physical Activity to Work for You          | Paper              | Lilly/Takeda           | 1-888-649-9706   | X       |         |       |
| <b>Exercise</b>       | Staying Fit  | Tip Sheet          | Roche                  | 800-428-5074 for area sales rep  | X       |         |       |
|                       |  |                    |                        |  |         |         |       |
| <b>Eye Care</b>       | Focus on Diabetic Eye Disease: An Educator's Guide | Flip chart         | NEHEP                  | 1-800-869-2020   | X       |         |       |
|                       |  |                    |                        |  |         |         |       |
| <b>Foot Care</b>      | Feet Can Last a Lifetime                           | Kit                | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |

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|------------------|---|--------------|------------------------|--|---------|---------|-------|
| Foot Care        | Foot Care Do's & Don'ts   | Picture page | BD                     | 1-888-367-9539   | X       | X       |       |
| Foot Care        | Take Care of Your Feet for a Lifetime                                     | Booklet      | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| General Diabetes | 7 Principles for Controlling Your Diabetes for Life                       | Booklet      | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| General Diabetes | Controlling Diabetes  | Slide kit    | Sanofi-Aventis         | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       |         |       |
| General Diabetes | Control Your Diabetes. For Life. Campaign Guide for Partners              | Guide        | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| General Diabetes | Control Your Diabetes for Life. Tips for Feeling Better & Staying Healthy | Booklet      | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| General Diabetes | Diabetes & Cardiovascular Disease Toolkit (26 reproducible handouts)      | Tip Sheet    | ADA                    | <a href="http://www.diabetes.org">http://www.diabetes.org</a>  | X       |         |       |
| General Diabetes | Diabetes & You - Living With Diabetes                                     | Booklet      | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       | X       |       |
| General Diabetes | Diabetes Care - Monitoring Your Health                                    | Booklet      | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       | X       |       |
| General Diabetes | Diabetes Care Card  | Brochure     | BD                     | 1-888-367-9539   | X       | X       |       |
| General Diabetes | Diabetes Community Partnership Guide Kit                                  | Booklet      | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| General Diabetes | Diabetes Numbers at-a-Glance  | Guide        | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| General Diabetes | Four Step to Control Your Diabetes for Life                               | Brochure     | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| General Diabetes | Guiding Principles of Diabetes Care                                       | Booklet      | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| General Diabetes | How to Talk Diabetes w/ Your Doctor                                       | Brochure     | Sanofi-Aventis         | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       |         |       |
| General Diabetes | Know the Difference   | Brochure     | BD                     | 1-888-367-9539   | X       | X       |       |
| General Diabetes | Living a Healthy Lifestyle w/ Diabetes                                    | Brochure     | Sanofi-Aventis         | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       |         |       |
| General Diabetes | Living Well with Diabetes   | Brochure     | Sanofi-Aventis         | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       | X       |       |
| General Diabetes | Making a Difference: The Business Community Takes on Diabetes             | Booklet      | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| General Diabetes | Making the Most of Doctor Visits  | Tip Sheet    | Roche                  | 800-428-5074 for area sales rep  |         |         |       |
| General Diabetes | Managing Your Diabetes  | Book         | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| General Diabetes | Managing Your Diabetes Type 2   | Book         | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| General Diabetes | My Personal Diabetes Health Card  | Wallet size  | KDN                    | <a href="http://www.kentuckydiabetes.net">www.kentuckydiabetes.net</a>   | X       |         |       |
| General Diabetes | Take Charge Management  | Brochure     | Bayer                  | <a href="http://www.bayercarediabetes.com/diabetes/aboutdiab/index.asp">www.bayercarediabetes.com/diabetes/aboutdiab/index.asp</a> | X       | X       |       |
| General Diabetes | Team Care: Comprehensive Lifetime Management for Diabetes                 | Report       | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| General Diabetes | Tips for Feeling Better and Staying Healthy                               | Tip Sheet    | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| General Diabetes | Tips for Helping a Person with Diabetes                                   | Booklet      | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| General Diabetes | The Smart Guide to Diabetes Care  | Brochure     | Home Diagnostics, Inc. | <a href="http://www.hdidabetes.com/diabetes-1b.asp">http://www.hdidabetes.com/diabetes-1b.asp</a>                                  | X       |         |       |
| General Diabetes | We Have Diabetes Too  | Brochure     | BD                     | 1-888-367-9539   | X       |         |       |
| General Diabetes | What is Diabetes?   | Tip Sheet    | Roche                  | 800-428-5074 for area sales rep  | X       |         |       |

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|----------------------------|---|-------------------|------------------------|--|---------|---------|-------|
| <b>General Diabetes</b>    | Working Together to Manage Diabetes: A Guide for Pharmacists, Podiatrists, Optometrists, and Dental Professionals | Guide             | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| <b>General Diabetes</b>    | Working Together to Manage Diabetes   | Poster            | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| <b>Gestational DM</b>      | BCF- Gestational Diabetes   | Brochure          | Bayer                  | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       | X       |       |
| <b>Gestational DM</b>      | Gestational Diabetes Brochure   | Brochure          | BD                     | 1-888-367-9539   | X       |         |       |
| <b>Gestational DM</b>      | How to Manage Gestational Diabetes Mellitus   | Booklet           | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| <b>Gestational DM</b>      | Mother's-To-Be  | Booklet           | Bayer                  | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       |         |       |
| <b>Health Professional</b> | Diabetes Numbers at-a-Glance  | Card              | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| <b>Health Professional</b> | Diabetes Medications Supplement   | Booklet           | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| <b>Health Professional</b> | Guiding Principles of Diabetes Care   | Booklet           | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| <b>Health Professional</b> | Team Care - Comprehensive Lifetime Management for Diabetes  | Booklet           | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| <b>Health Professional</b> | Working Together - A guide for Pharmcists, Podiatrists, Optometrists, and Dental Professionals                    | Booklet           | NDEP                   | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   |         |         |       |
| <b>Hypo/Hyperglycemia</b>  | Controlling Low Blood Sugar Reactions   | Brochure          | BD                     | 1-888-367-9539   | X       |         |       |
| <b>Hypo/Hyperglycemia</b>  | High and Low Blood Glucose Levels   | Brochure, Tearpad | Home Diagnostics, Inc. | <a href="http://www.hdidabetes.com/diabetes-1b.asp">http://www.hdidabetes.com/diabetes-1b.asp</a>                                    | X       |         |       |
| <b>Hypo/Hyperglycemia</b>  | Hypo/Hyperglycemia  | Web Site          | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       | X       |       |
| <b>Hypo/Hyperglycemia</b>  | Preventing Hypoglycemia   | Tip Sheet         | Roche                  | 800-428-5074 for area sales rep  |         |         |       |
| <b>Hypo/Hyperglycemia</b>  | When Blood Sugar Levels are Too High or Too Low   | Paper             | Lilly/Takeda           | 1-888-649-9706   | X       |         |       |
| <b>Insulin</b>             | Be Average "Insulin & Monitoring"   | Brochure          | LifeScan               | <a href="http://www.lifescan.com">www.lifescan.com</a>   | X       | X       |       |
| <b>Insulin</b>             | Drawing & Self-injecting Insulin  | Picture page      | BD                     | 1-888-367-9539   | X       | X       |       |
| <b>Insulin</b>             | Drawing & Injecting Insulin   | Brochure          | BD                     | 1-888-367-9539   | X       |         |       |
| <b>Insulin</b>             | Drawing Up Insulin  | Fold out          | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| <b>Insulin</b>             | Getting Started with Insulin  | Booklet           | Sanofi-Aventis         | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       |         |       |
| <b>Insulin</b>             | Intensive Insulin Therapy   | Booklet           | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       | X       | X     |
| <b>Insulin</b>             | Humalog Mix 72/25   | Pamphlet          | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| <b>Insulin</b>             | Introduction to Insulin   | Booklet           | NovoNordisk            | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       |         |       |
| <b>Insulin</b>             | Life Just Got Simpler (Pen Administration)  | Tear off sheet    | Eli Lilly              | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| <b>Insulin</b>             | Mixing Insulins for Self-Injection  | Picture page      | BD                     | 1-888-367-9539   | X       | X       |       |
| <b>Insulin</b>             | Site Selection  | Brochure          | BD                     | 1-888-367-9539   | X       |         |       |
| <b>Insulin</b>             | Using Insulin Pens & Pen Needles  | Brochure          | BD                     | 1-888-367-9539   | X       |         |       |
| <b>Medicare</b>            | Expanded Medicare Coverage of Diabetes Services   | Fact Sheet        | NDEP                   | <a href="http://ndep.nih.gov/diabetes/pubs/catalog.htm">http://ndep.nih.gov/diabetes/pubs/catalog.htm</a>                            | X       | X       |       |

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|-------------|---|--------------------|----------------|--|---------|---------|-------|
| Medicare    | Medicare Coverage   | Brochure           | Bayer          | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       |         |       |
| Medicare    | Medicare Coverage   | Tear Pad           | LifeScan       | <a href="http://www.lifescan.com">www.lifescan.com</a>   | X       |         |       |
| Insurance   | Reimbursement Help-Line   | Brochure           | Bayer          | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       |         |       |
| Medicare    | The Power to Control Diabetes is in Your Hands                          | Booklet            | NDEP           | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Medicare    | The Power to Control Diabetes Is In Your Hands                          | Countertop Display | NDEP           | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Medications | Non-Prescription Medications  | Brochure           | Bayer          | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       | X       |       |
| Medications | Working Together to Manage Diabetes: Diabetes Medications Supplement    | Supplement         | NDEP           | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Monitoring  | Blood Glucose Monitoring  | Tip Sheet          | Roche          | 800-428-5074 for area sales rep  | X       |         |       |
| Monitoring  | Blood Glucose Testing   | Brochure           | Bayer          | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       | X       |       |
| Monitoring  | Blood Sugar Testing Diary   | Brochure           | BD             | 1-888-367-9539   | X       |         |       |
| Monitoring  | Ketone Testing in Urine   | Brochure           | Bayer          | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       | X       |       |
| Monitoring  | Know Your Number!   | Brochure           | Roche          | 800-428-5074 for area sales rep  | X       |         |       |
| Monitoring  | Managing Diabetes Through Blood Glucose Monitoring                      | Brochure           | Sanofi-Aventis | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       |         |       |
| Monitoring  | Meter to Lab Test Comparison "Is My Blood Glucose Monitoring Accurate?" | Brochure           | LifeScan       | <a href="http://www.lifescan.com">www.lifescan.com</a>   | X       |         |       |
| Monitoring  | Monitoring Your Hemoglobin A1c  | Tip Sheet          | Roche          | 800-428-5074 for area sales rep  |         |         |       |
| Monitoring  | Self Monitoring Blood Sugar   | Tip Sheet          | Roche          | 800-428-5074 for area sales rep  |         |         |       |
| Monitoring  | Self Monitoring Diary   | Diary              | Eli Lilly      | <a href="http://www.LillyDiabetes.com">www.LillyDiabetes.com</a>   | X       |         |       |
| Monitoring  | Self Testing of Blood Sugar   | Picture page       | BD             | 1-888-367-9539   | X       | X       |       |
| Monitoring  | Taking Control: Blood Glucose Diary                                     | Brochure           | Sanofi-Aventis | <a href="http://www.diabeteswatch.com">www.diabeteswatch.com</a>   | X       |         |       |
| Monitoring  | The Power to Control Diabetes is in Your Hands                          | Booklet            | NDEP           | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Monitoring  | The Power to Control Diabetes is in Your Hands                          | Community Kit      | NDEP           | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Monitoring  | Understanding Blood Glucose Monitoring                                  | Brochure           | BD             | 1-888-367-9539   | X       |         |       |
| Monitoring  | Urine Testing for Ketones   | Picture page       | BD             | 1-888-367-9539   | X       | X       |       |
| Monitoring  | Use of Results  | Tip Sheet          | Roche          | 800-428-5074 for area sales rep  | X       |         |       |
| Monitoring  | What You Should Know About Arm Testing                                  | Brochure           | LifeScan       | <a href="http://www.lifescan.com">www.lifescan.com</a>   | X       |         |       |
| Monitoring  | Your Blood Glucose Diary  | Booklet            | NovoNordisk    | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       | X       |       |
| Pediatric   | Dealing with the Ups and Downs of Diabetes                              | Tip Sheet          | NDEP           | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Pediatric   | Helping the Student with Diabetes Succeed                               | Booklet            | NDEP           | <a href="http://ndep.nih.gov/diabetes/pubs/catalog.htm">http://ndep.nih.gov/diabetes/pubs/catalog.htm</a>                            | X       |         |       |
| Pediatric   | Lower Your Risk for type 2 Diabetes                                     | Tip Sheet          | NDEP           | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |

| Topic               | Title  | Format        | Source      | Phone #/Web Site Address   | English | Spanish | Other |
|---------------------|--|---------------|-------------|--|---------|---------|-------|
| Pediatric           | My Child Has Diabetes  | Brochure      | BD          | 1-888-367-9539   | X       |         |       |
| Pediatric           | RUFUS Comes Home   | Booklet       | Bayer       | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       |         |       |
| Pediatric           | Taking Diabetes to School  | Booklet       | Bayer       | <a href="http://www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp">www.bayercaresdiabetes.com/diabetes/aboutdiab/index.asp</a> | X       |         |       |
| Pediatric           | Tips for Children with Type 2 Diabetes   | 4 Tip Sheets  | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Pediatric           | Resource Directory: Diabetes in Children and Adolescents   | web based     | NDEP        | <a href="http://ndep.nih.gov/diabetes/youth/youth.htm">http://ndep.nih.gov/diabetes/youth/youth.htm</a>                              | X       |         |       |
| Prevention          | Am I at Risk for Type 2 Diabetes?  | Brochure      | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Prevention          | Diabetes Prevention Tip Sheets   | Tip Sheets    | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       | X     |
| Prevention          | Game Plan Fat and Calorie Counter  | Booklet       | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Prevention          | Game Plan Food and Activity Tracker  | Tip Sheets    | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Prevention          | Get Real   | Tip Sheets    | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Prevention          | It's Not Too Late to Prevent Diabetes  | Tip Sheets    | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Prevention          | More Than 50 Ways to Prevent Diabetes  | Tip Sheets    | NDEP        | <a href="http://ndep.nih.gov/diabetes/pubs/catalog.htm">http://ndep.nih.gov/diabetes/pubs/catalog.htm</a>                            | X       |         |       |
| Prevention          | Paso a Paso  | Tip Sheets    | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       | X       |       |
| Prevention          | Small Steps. Big Rewards. Your Game Plan for Preventing Type 2 Diabetes Health Care Provider Toolkit | Kit           | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Prevention          | The Power of Prevention  | Brochure      | KDPCP       | <a href="http://chfs.ky.gov/dph/ach/diabetes/">http://chfs.ky.gov/dph/ach/diabetes/</a>  | X       |         |       |
| Prevention          | Two Reasons I find Time to Prevent Diabetes  | Tip Sheets    | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         | X     |
| Prevention          | We Have the Power to Prevent Diabetes  | Tip Sheets    | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Prevention          | Your Game Plan for Preventing Type 2 Diabetes  | Booklet       | NDEP        | <a href="http://www.ndep.nih.gov">www.ndep.nih.gov</a>   | X       |         |       |
| Psycho-social       | Diabetes & Stress  | Booklet       | NovoNordisk | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       |         |       |
| Psycho-social       | Diabetes & stress  | Brochure      | BD          | 1-888-367-9539   | X       |         |       |
| Psycho-social       | Managing Stress  | Tip Sheet     | Roche       | 800-428-5074 for area sales rep  |         |         |       |
| Quality Improvement | Diabetes Care Tool   | Office Tool   | KDN         | <a href="http://www.kentuckydiabetes.net">www.kentuckydiabetes.net</a>   |         |         |       |
| Quality Improvement | Making System Changes for Better Diabetes Care   | Website Tools | NDEP        | <a href="http://www.BetterDiabetesCare.nih.gov">www.BetterDiabetesCare.nih.gov</a>   | X       |         |       |
| Sick Days           | Answers to Questions About Sick Days   | Brochure      | BD          | 1-888-367-9539   | X       |         |       |
| Sick Days           | Handling Illness   | Tip Sheet     | Roche       | 800-428-5074 for area sales rep  |         |         |       |
| Travel              | Diabetes Care During Disaster Conditions   | Brochure      | BD          | 1-888-367-9539   | X       |         |       |
| Travel              | Traveling & Diabetes   | Booklet       | NovoNordisk | <a href="http://www.novonordisk-us.com">www.novonordisk-us.com</a>   | X       |         |       |
| Travel              | Vacations, Travel & Diabetes   | Brochure      | BD          | 1-888-367-9539   | X       |         |       |

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